

Volunteer Engagement at the Bernard Betel Centre



**We are proud to highlight some of our
volunteer opportunities...**

Meals on Wheels Drivers

Last year, 22,662 hot, kosher meals were delivered to seniors in our community by volunteers. This program provides seniors with a hot, nutritious meal but also a security check-in to ensure they are keeping well. Routes are available weekdays between 11am – 1pm and volunteers can choose between a regular weekly route or provide back-up support.

Friendly Visiting

Trained volunteers visit seniors living alone, or isolated to offer companionship, support and reassurance. Visits are once a week for 1-2 hours.

At Home Respite

Volunteer relief is provided to caregivers (age 55+) who are looking after a loved one at home. No nursing or physical care is provided. Visits are once a week for 3 hours.

Program Support

Volunteers with special skills can lead a program or share their expertise in an area of interest to seniors by providing one or a series of lectures on a given topic. Through volunteer support in this area, we are able to offer free programming.

NEW – Marketing & Fundraising

Volunteers skilled in marketing and promotion are invited to join a new committee to create and implement an outreach strategy to promote our centre. For those with fundraising expertise, a second committee is being formed to plan and execute special events to raise funds for the centre.



**Over 350
volunteers
help support
the Bernard Betel
Centre
as program leaders
or assistants;
community
support services
volunteers;
administrative
aides; committee
and board
representatives
and more.
In 2016, they
contributed
23,600
hours of service.**

How to apply to our Volunteer Program?

Contact Cheryl Besner, Volunteer Services Manager
at 416-225-2112, ext. 127 or cheryl@betelcentre.org

