

Centre CLOSED: August 7 (Civic Holiday)

REMINDER: Fall 2017 Monitor Pick Up!

Pick up your Fall 2017 edition of The Monitor from the Information Desk! Bring your membership card!
Available from August 14 - September 1, 2017 • 10:00 am - 2:00 pm

Special Events and Concerts

Wed., August 2	Concert: Shayne Davis	1:30 pm - 2:30 pm	Tickets: \$5/\$8
Sun., August 13	Sunday Concert: Isaac Muzikansky	1:30 pm - 2:30 pm	Tickets: \$5/\$8
Tues., August 15	Tu B'av Love Party (Etrog/Chagai Clubs)	7:00 pm	Tickets: \$25/\$30
Wed., August 16	Israeli Day Festival (Etrog/Chagai Clubs)	12:00 pm - 3:00 pm	Free Admission
Thurs., August 17	Summer Dance Party (RGA Club)	7:00 pm	Tickets: \$25/\$30
Sun., August 27	Sunday Concert: Premek Kruta	1:30 pm - 2:30 pm	Tickets: \$5/\$8
Wed., August 30	Lecture "Don't Get Fooled: Frauds & Scams"	1:30 pm - 3:00 pm	Free Admission

Sunday at the Movies! Sunday, August 6 & 20 • 1:00 - 3:00 pm • Free Admission!

Free Wellness Clinics

Mon., August 14	Blood Pressure Clinic	10:30 am - 11:30 am
Wed., August 16	Hearing Screening Clinic	10:30 am - 12:30 pm
Mon., August 28	Diabetes Clinic	10:00 am - 12:00 pm
Mon., August 28	Nutrition Clinic	10:00 pm - 12:00 pm

Call 416-225-2112, ext. 130 to book an appointment.

New in Health & Wellness!

Free Fitness Class Demo! Rhythmic International Dance!

Wednesday, August 2
11:30 am - 12:30 pm
Cost: Free

Instruments, Rhythm, Movement!

Use instruments and music to promote physical and emotional health.
Limited space! Registration required!
Sunday, August 13 - September 17
12:00-1:00 pm • Cost: \$48/\$96

Improv Comedy Workshop!

No acting or comedy experience necessary! Free admission!

Sunday, August 20
10:30 am - 11:30 am

Tea with Gail

English

Thursday, August 17
10:00 am - 11:00 am
Location: Cafeteria

Russian

Monday, August 14
3:00 pm - 4:00 pm
Location: Auditorium

Thursday Wellness Lectures

1:30 pm - 2:30 pm

August 3	Learn and Grow Series: Staying Healthy with the Latest Research	Sophie Ash Nutritional Consultant
August 10	Blue Zones	Pamela Ferguson PhD. Dietitian
August 17	Medication Safety	Alana Del Brocco Pharmaceutical Education
August 24	The Canadian Experience	Passages Canada Historica Canada
August 31	Your Basic Finances	Harold Rosenfeld Former Director of Finance, CTV

In the Synagogue
Free Admission

CONTACT INFORMATION

Bernard Betel Centre
1003 Steeles Avenue West
Toronto, ON M2R 3T6

Tel: 416-225-2112

Fax: www.betelcentre.org



www.facebook.com/betelcentre



www.twitter.com/betelcentre

We gratefully acknowledge financial support for the various programs at Bernard Betel Centre from:



Charitable number 11921 5697 RR0001

Drop-in Social Work Clinic

Thursday, August 10 and 24
9:30 am - 12:00 pm



Lifelong Learning Lectures

In the Synagogue • Tuesday • 10:00 - 11:30 am
Members: \$4.25 Non-Members: \$8.50

August 1	Israel & Anti-Semitism on Campus	Robert Walker National Director, Hasbara Fellowships Canada
August 8	A History of Sports & Games as Depicted in Art: Part 2	Rachel Levin Art Lecturer
August 15	John Fitzgerald Kennedy	Gerald Ziedenberg M.A., Historical Lecturer
August 22	Open Wide and Say... HA!	Lynda Greenberg Author, Medical Secretary, Office Manager
August 29	The Complex Cultural Legacy of Leonard Cohen	Rosalin Krieger Artist, Writer, Lecturer

Service Navigation & Information

Thursday, August 3 and 17 • 9:30 am - 11:30 am
Call 416 - 225 - 2112 ext. 122 for an appointment.

Lunch and Learn Program with BAYT

This great afternoon program includes lunch and is followed by a presentation. Cost: \$6

Thursday, August 3, 2017

BAYT (613 Clark Ave. W., Vaughan)

“The Inside Story of Gambling in Old Toronto”
with Ralph Wintrob

Lunch: 11:30-12:00 pm Presentation: 12:00-1:00 pm
RSVP: 905-886-3810 x119 or 416-225-2112 x105

Stay tuned for *What's On!* in September!