

**Centre CLOSED: Monday, July 3 and Sunday, July 9.**

**UPCOMING RENOVATION:** From **Sunday, July 9<sup>th</sup>** to **Friday, July 28<sup>th</sup>**, the Bernard Betel Centre will be undergoing a mandatory renovation to repair our sewer system. The Auditorium will be closed during this time, but the Betel Centre will remain opened for business. There will be some changes to times and locations of programs that usually take place in the Auditorium, so please call ahead or check The Monitor if you are unsure if the program is taking place. The Betel Centre will be **CLOSED on Sunday, July 9<sup>th</sup>** for the commencement of the renovation, but will re-open on Monday, July 10<sup>th</sup>. The Cafeteria will be **CLOSED from Monday, July 10<sup>th</sup> to Friday, July 15<sup>th</sup>** due to the renovation. We apologize in advance for any inconvenience and disruption. We appreciate your patience while we complete this necessary work. Have a healthy, safe summer!

## Special Events and Concerts

Wed., July 5	<b>Bingo!</b>	1:00 pm - 3:00 pm	2 cards for \$1
Wed., July 12	"Five Heroes Who Saved Jews During the Holocaust"	1:30 pm - 3:00 pm	Free Admission
Wed., July 19	<b>Bingo!</b>	1:00 pm - 3:00 pm	2 cards for \$1
Wed., July 26	<b>Movie:</b> "My Big Fat Greek Wedding 2"	1:00 pm - 3:00 pm	Free Admission

## Free Wellness Clinics

Mon., July 31	<b>Diabetes Education</b>	10:00 am - 12:00 pm
Mon., July 31	<b>Nutrition Clinic</b>	10:00 am - 12:00 pm
Wed., July 19	<b>Hearing Screening</b>	10:30 pm - 12:30 pm
Mon., July 17	<b>Blood Pressure Clinic</b>	10:30 am - 11:30 am

*Call 416-225-2112, ext. 130 to book an appointment.*

## Mosaic Art Workshops

Create an original piece! Materials included. No experience necessary.

**Sunday, July 9 - July 30**

**10:00 am - 11:30 am**

**Cost: \$40/\$80**

## Denture/Dental Screening and Cleaning Clinic

Monday, July 24 • Call 416-225-2112, ext. 130 for an appointment. Appointment required!

## Little Tunes Together!

Intergenerational program brings together babies, mothers and older adults to sing songs and play instruments.

**Thurs., July 27 - August 31 • 9:45-10:30 am**

**Cost: \$30 • Register now!**

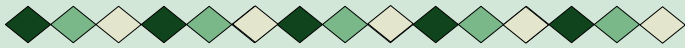


## Thursday Wellness Lectures

1:30 pm - 2:30 pm

- July 6 **Learn & Grow Series: Aging Safely** **Paresh Vyas**  
Nurse Next Door
- July 13 **National Campaign for Better Hearing** **Sonia Miceli**  
Doctor of Audiology
- July 20 **Rimbala** **Dr. Daniel Rubinoff**  
Baycrest & University of Toronto
- July 27 **Exploring Anger** **Debbie Matheus**  
Registered Social Worker

In the Synagogue  
Free Admission



## CONTACT INFORMATION

Bernard Betel Centre

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[www.betelcentre.org](http://www.betelcentre.org)



[www.facebook.com/betelcentre](http://www.facebook.com/betelcentre)



[www.twitter.com/betelcentre](http://www.twitter.com/betelcentre)

We gratefully acknowledge financial support for the various programs at Bernard Betel Centre from:



## Drop-in Social Work Clinic

Thursday, July 13 and 27  
9:30 am - 12:00 pm



## Lifelong Learning Lectures

In the Synagogue 10:00 - 11:30 am  
Members: \$4.25 Non-Members: \$8.50

- July 4 **A History of Sports & Games As Depicted in Art: Part 1** **Rachel Levin**  
Art Lecturer
- July 11 **A Calendar of Northern Fables** **John T. Syrtash**  
Lawyer, Writer for CJN, National Post & Sun Media
- July 18 **Franklin Delanor Roosevelt** **Gerald Ziedenberg, M.A.**  
Historical Lecturer
- July 25 **Harry Truman** **Gerald Ziedenberg, M.A.**  
Historical Lecturer

## Service Navigation & Information

Thursday, July 6 and 20 • 9:30 am - 11:30 am  
Call ext. 122 for an appointment.

## Tea with Gail

English Language  
Wednesday, July 19  
10:00 am - 11:00 am



## Lunch and Learn Program with BAYT

This great afternoon program includes lunch and is followed by a presentation. Cost: \$6

Thursday, July 6, 2017

BAYT (613 Clark Ave. W., Vaughan)

“8 Foods for Mental Health”

Dr. Talia Marcheggiani, ND

Lunch: 11:30-12:00 pm Presentation: 12:00-1:00 pm

RSVP: 905-886-3810 x119 or 416-225-2112 x130



Stay tuned for  
What's On! in August!

