

What's On! November 2017

Special Events and Concerts

Wed., November 1	Croll Wellness Lecture: Dr. Samir Sinha	12:00 pm - 1:30 pm	Cost: Free
Sun., November 5	Concert (RGA Club)	1:00 pm - 3:00 pm	Tickets: \$5/\$8
Wed., November 8	Holocaust Education Lecture	1:30 pm - 3:00 pm	Cost: Free
Sun., November 12	Concert: Juke Box Jammers	1:30 pm - 3:00 pm	\$5 until Nov. 10
Wed., November 15	Yiddish is Alive and Well	12:00 pm - 3:00 pm	Cost: Free
Thurs., November 16	Dinner Party (RGA Club)	7:00 pm - 9:00 pm	Tickets: \$25/\$30
Wed., November 22	Bingo	1:00 pm - 3:00 pm	2 cards for \$1
Sun., November 26	Concert: North York Concert Band	1:30 pm - 2:30 pm	Tickets: \$5/\$8
Wed., November 29	Retirement Living Fair	10:00 am - 12:00 pm	Cost: Free

Sunday at the Movies!

Sunday, November 19 - Notting Hill
1:00 pm - 3:30 pm • Cost: Free

Laughter Yoga!

Thursday, November 9 and 30
12:15 pm - 1:15 pm • Cost: Free



Wellness Clinics

Monday, November 6	Hearing Screening Clinic	11:00 am - 1:00 pm	Free admission
Wednesday, November 15	Hearing Aid Clinic	10:30 am - 12:30 pm	Free admission
Friday, November 17	Reiki	10:00 am - 1:00 pm	\$10/appointment
Monday, November 20	Blood Pressure Clinic	10:30 am - 11:30 am	Free admission
Monday, November 20	Eye Clinic	11:30 am - 12:30 pm	Free admission
Monday, November 27	Nutrition & Diabetes Clinic	10:00 am - 12:00 pm	Free admission

Call 416-225-2112, ext. 130 to book an appointment.

Bernard Betel Centre 2017-2022 Strategic Plan Information Sessions

As many of you know, the Bernard Betel Centre embarked on the development of a new strategic plan earlier this year. There has been significant input with all our stakeholders - Bernard Betel Centre members, Board of Directors, funders, volunteers and staff. Based on this feedback, the Bernard Betel Centre Board of Directors has approved the plan and will be releasing it in November. Please join our Executive Director, Gail Gould, for an Information Session on the 2017-2022 Strategic Plan during one of the next *Tea with Gail* meetings. Information sessions are scheduled for:

- Monday, November 20** - 10:00 - 11:00 am - Cafeteria - English Language
- Monday, December 18** - 3:00 - 4:00 pm - Auditorium - Russian Language
- Thursday, December 21** - 10:00 - 11:00 am - Auditorium - English Language

Thursday Wellness Lectures

1:30 pm - 2:30 pm

Nov. 2	Anti-Racism & Diversity	TBA
Nov. 9	Retirement Home Planning	Mary Allen Shop Retirement Homes
Nov. 16	Navigating the Healthcare System	Virginia Miles Compass Healthcare Solutions
Nov. 23	Estate Planning & TFSAs	Madeline Sotoudeh Edward Jones Financial
Nov. 30	Drug Discovery	SciChat University of Toronto

In the Synagogue • Free Admission

CONTACT INFORMATION

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www.betelcentre.org



www.facebook.com/betelcentre



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We gratefully acknowledge financial support for the various programs at Bernard Betel Centre from:



Senator David Croll Memorial Wellness Lecture

'Building an Age-Friendly City, Province and Country'

Dr. Samir Sinha, Director of Geriatrics, Mount Sinai Hospital

Wednesday, November 1 • 12:00 - 1:30 pm • Free!

Drop-in Social Work Clinic

Thursday, November 2 & 16
9:30 am - 12:00 pm



Circle
of Care
Sinai Health System

Lifelong Learning Lectures

In the Synagogue • Tuesday • 10:00 - 11:30 am

Members: \$4.25 Non-Members: \$8.50

Nov. 7	Vladimir Putin	Gerald Ziedenberg Historical Lecturer
Nov. 14	Shopping Behaviour	Harvey Skolnick Professor Emeritus Sheridan College
Nov. 21	Escape to Italy	Susan Brown Royal Ontario Museum
Nov. 28	Through my Camera's Lens	Robert Shechter Photography Instructor Travel Photographer

Service Navigation & Information Clinic

Thursday, November 9 & 23 • 9:30 am - 11:30 am

Call ext. 122 for an appointment.

Lunch and Learn Program with BAYT

This great afternoon program includes lunch and is followed by a presentation. Cost: \$6

Thursday, November 2, 2017

BAYT (613 Clark Ave. W., Vaughan)

"Jewish Songwriters & the Evolution of American Music" with Dr. Larry Gaum

Lunch: 11:30-12:00 pm Presentation: 12:00-1:00 pm

RSVP: 905-886-3810 x119 or 416-225-2112 x130

Stay tuned for *What's On!* in December!