

NEED HELP DURING THE CORONAVIRUS OUTBREAK?

We can help you pick up essentials like groceries and household items.

Call the **Friendly Neighbour Hotline**

Toll-free + available in 180 languages

1 (855) 581-9580

between 9am to 5pm,
Monday to Friday

*service is only available for seniors in low-income housing in Toronto at this time.

Here's how it works:

1



Connect with a volunteer by calling the Hotline.

2



Let the volunteer know what you need.

3



Pick up and pay in the lobby. No delivery fees! (cash preferred)

*Due to volume, we ask that you keep your order to **8 items or less**.

Call 2-1-1

for information and referral to community and social services

Call 9-1-1

if you have a health emergency

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