


Bernard Betel Centre – June 2026 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>ROOM LOCATION:</p> <p>Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab</p> </div>	<p>1</p> <p>9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, View & Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-12:30 iPhone and iPad 11:30- 1:30 Antisemitism: The World's Oldest hatred 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30-3:00 I'm right, You're and idiot! Social Life 1:30- 3:00 Intermediate Computer 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing</p>	<p>2</p> <p>9:30-12:00 Drawing & Acrylic 10:30-12:00 LLI Lecture 11:00-12:30 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30 1:30 Android 1 (Rus) 12:00-1:00 Stretch Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-4:00 Pottery 1:15-4:00 Games Room 2:00-4:00Talent Show (Rus) 2:00-4:00 iPhone L1(Rus) 3:00-5:00 Etrog</p>	<p>3</p> <p>9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 Hebrew Conversation 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-12:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 1:00-3:00 Intergenerational Program 1:30- 3:00 Android & Tablets 2:00-4:30 Oil Painting Lab 2:00-4:00 Drama Group(Rus) 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:30-10:15 Israeli Dancing</p>	<p>4</p> <p>9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-11:30 Art Therapy (Rus) 10:00-12:00 Canasta 11:00-12:00 Body Fit 11:30-1:30 iPad Tablet L3 (Rus) 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 iPhone L4 (Rus) 2:00-4:00 RGA</p>	<p>5</p> <p>9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 11:30-12:30 Grief and Bereavement 11:30-1:30 iPad L1 (Rus) 12:00-3:00 Rummikub 12:30-2:30 Bridge</p>
<p>7</p> <p>10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab</p>	<p>8</p> <p>9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views & Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-1:00 Protecting Yourself from Scams 11:30- 1:30 Antisemitism: The World's Oldest hatred 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30-3:00 I'm right, You're and idiot! Social Life 1:30- 3:00 Intermediate Computer 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing</p>	<p>9</p> <p>9:30-12:00 Drawing & Acrylic 10:30-12:00 LLI Lecture 11:00-12:30 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30 1:30 Android 1 (Rus) 12:00-1:00 Stretch Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-4:00 Pottery 1:15-4:00 Games Room 2:00-4:00Talent Show (Rus) 2:00-4:00 iPhone L1(Rus) 3:00-5:00 Etrog</p>	<p>10</p> <p>9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 French Conversation 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:00-1:00 Socrates Café 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 1:00-2:00 Tea with Gail 1:00-3:00 Lecture 2:00-4:30 Oil Painting Lab 2:00-4:00 Drama Group(Rus) 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:30-10:15 Israeli Dancing</p>	<p>11</p> <p>9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-11:30 Art Therapy (Rus) 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 11:30-1:30 iPad Tablet L3 (Rus) 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 iPhone L4 (Rus) 2:00-4:00 RGA</p>	<p>12</p> <p>9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 11:30-1:30 iPad L1 (Rus) 12:00-3:00 Rummikub 12:30-2:30 Bridge</p> <div style="text-align: center; margin-top: 20px;">  <p>bernard betel centre</p> </div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>14</p> <p>10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab 1:30-2:30 Concert</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>ROOM LOCATION:</p> <p>Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab</p> </div>	<p>15</p> <p>9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News &Views 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:30- 1:30 Antisemitism: The World's Oldest hatred 11:00-1:00 Café Europa 11:00-1:00 Hearing Aid Clinic 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30- 3:00 Intermediate Computer 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing</p>	<p>16</p> <p>9:30-12:00 Drawing & Acrylics 10:30-12:00 LLI Lecture 11:00-12:30 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30 1:30 Android1(Rus) 12:00-1:00 Stretch & Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-4:00 Pottery 1:15-4:00 Games Room 2:00-3:00 Bingo 2:00-4:00 Talent (Rus) 2:00-4:00 iPhone L1(Rus) 3:00-5:00 Etrog</p>	<p>17</p> <p>9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 Hebrew Conversation 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 1:00-3:00 Lecture 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 2:00-4:30 Oil Painting Lab 2:00-4:00 Drama Group (Rus) 3:30-5:00 Israeli Dancing 6:30-10:15 Israeli Dancing</p>	<p>18</p> <p>9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-11:30 Art Therapy (Rus) 10:00-12:00 Canasta 11:00-12:00 Body Fit 11:30-1:30 iPad L3 (Rus) 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 iPhone L4 (Rus) 2:00-4:00 RGA</p>	<p>19</p> <p>9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 11:30-1:30 Ipad L1 (Rus) 12:00-3:00 Rummikub 12:30-2:30 Bridge</p>
<p>21</p> <p>10:00-12:00 Open Lab</p>	<p>22</p> <p>9:30-10:30 Falls Prevention 10:00-11:00 News &Views 10:30-11:30 Breathe Better 11:30- 1:30 Antisemitism: The World's Oldest hatred 11:00-1:00 Café Europa 12:00-1:45 Library (Rus) 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA</p>	<p>23</p> <p>10:30-12:00 LLI Lecture 11:00-12:30 Library 11:30-12:30 Aging Mindfully 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:15-4:00 Games Room 2:00-4:00 Talent Group (Rus) 3:00-5:00 Etrog</p>	<p>24</p> <p>10:00-11:30 French Conversation 10:00-12:00 Open Lab 1:00-3:00 Canada Day Concert 2:00-4:00 Drama Group (Rus) 3:00-5:00 World Cup Viewing Party</p>	<p>25</p> <p>10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 2:00-3:30 Taste of Music 2:00-4:00 RGA</p>	<p>26</p> <p>11:30-1:30 Ipad L1 (Rus) 12:00-3:00 Rummikub</p>
<p>28</p>	<p>29</p> <p>9:30-10:30 Falls Prevention 10:00-11:00 News &Views 10:30-11:30 Breathe Better 11:30- 1:30 Antisemitism: The World's Oldest hatred 12:00-1:45 Library (Rus) 1:30-3:00 I'm right, You're and idiot! Social Life 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA</p>	<p>30</p> <p>10:30-12:00 LLI Lecture 11:00-12:30 Library 11:30-12:30 Aging Mindfully 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:15-4:00 Games Room 2:00-4:00 Talent Group (Rus) 3:00-5:00 Etrog</p>	<div style="border: 1px solid black; padding: 10px; margin: 10px 0;"> <p>**All programs are subject to change**</p> <p>Bernard Betel Centre 1003 Steeles Ave. West, Toronto, ON M2R 3T6 416-225-2112 www.betelcentre.org</p> </div>		 <p>bernard betel centre</p>