

Bernard Betel Centre – October 2026 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
ROOM LOCATION: Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab				1 10:00-12:00 Canasta 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 2:00-3:30 Taste of Music	2 12:00-3:00 Rummikub
4 CENTRE IS CLOSED FOR SIMCHAT TORAH	5 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views & Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-1:00 Lunch and Learn 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing	6 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-4:00 Pottery 1:15-4:00 Games Room 2:00-4:00Talent Show (Rus) 3:00-5:00 Etrog	7 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 French Conversation 10:00-12:00 Coloring Club and Knitting 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Inter. 1:30-3:00 Lecture 2:00-4:00 Bridge 2:00- 5:00 Painting Class (Rus) 2:00-4:00 Drama Group(Rus) 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:30-10:15 Israeli Dancing	8 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:00-4:00 Pottery 2:00-3:30 Taste of Music 2:00-4:00 RGA	9 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah jongg Intermediate 12:00-3:00 Rummikub 1:20-2:30 The History of Toronto's Jewish Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
11 10:00-11:00 Balance and Gentle Exercise	12 CENTRE IS CLOSED FOR THANKSGIVING	13 9:30-12:00 Drawing & Acrylics 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Painting 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00-5:00 Etrog	14 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 12:00-1:30 Democracy Café 1:30-3:00 Presentation 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Inter. 2:00- 5:00 Painting Class (Rus) 2:00-4:00 Drama Group (Rus) 2:00-4:00 Bridge 3:00-4:30 Fallen Empires 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	15 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:00-4:00 Pottery 2:00-3:30 Taste of Music 2:00-4:00 RGA	16 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah jongg Intermediate 12:00-3:00 Rummikub 1:20-2:30 The History of Toronto's Jewish Community
18 10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab ROOM LOCATION: Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab	19 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views and Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-12:30 Intermediate Computer 11:00-1:00 Café Europa 11:00-1:00 Hearing Aid Clinic 12:00-1:45 Library (Rus) 1:30-3:00 iPhone/iPad Basic 1:30-3:00 Sudoku 1:30-3:00 The Human Cell 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing	20 9:30-12:00 Drawing & Acrylics 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Painting 1:15-4:00 Games Room 1:30-2:30 Bingo 2:00-4:00 Talent (Rus) 3:00-5:00 Etrog	21 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 French Conversation 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah 2:00-3:00 Concert 1:00-2:30 Choir (Rus) 1:30-3:00 Android Phones and Tablets 1:00-4:00 Mah Jongg Inter. 2:00- 5:00 Painting Class(Rus) 2:00-4:00 Drama Group (Rus) 2:00-4:00 Bridge 3:00-4:30 Fallen Empires 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	22 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:00-4:00 Pottery 2:00-3:30 Taste of Music 2:00-4:00 RGA	23 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah jongg Intermediate 12:00-3:00 Rummikub 1:20-2:30 The History of Toronto's Jewish Community 

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25 10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab	26 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views and Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-12:30 Intermediate Computer 11:00-1:00 Café Europa 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30-3:00 iPhone/iPad Basic 1:30-3:00 Sudoku 1:30-3:00 The Human Cell 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing	27 9:30-12:00 Drawing & Acrylics 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Painting 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00-5:00 Etrog	28 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 Hebrew Conversation 10:00-12:00 Coloring Club and Knitting 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 2:00-3:00 Concert 1:00-2:30 Choir (Rus) 1:30-3:00 Android Phones and Tablets 1:00-4:00 Mah Jongg Inter. 2:00- 5:00 Painting Class (Rus) 2:00-4:00 Drama Group (Rus) 2:00-4:00 Bridge 3:00-4:30 Fallen Empires 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	29 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:00-4:00 Pottery 2:00-3:30 Taste of Music 2:00-4:00 RGA	30 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah jongg Intermediate 12:00-3:00 Rummikub 1:20-2:30 The History of Toronto's Jewish Community



****All programs are subject to change ****

Bernard Betel Centre | 1003 Steeles Ave. West, Toronto, ON M2R 3T6 | 416-225-2112 | www.betelcentre.org

**ROOM
LOCATION:**

Synagogue
Library
Back
Auditorium
Culture Room
Craft Room
Front
Auditorium
Music Room
Computer Lab