

Bernard Betel Centre – September 2026 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	ROOM LOCATION: Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab	1 9:30-12:00 Drawing & Acrylic 10:30-12:30 Bridge 10:30-12:00 LLI Lecture 11:00-1:00 Library 11:00-12:00 Chair Yoga 11:30-12:30 Aging Mindfully 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Drawing 1:15-4:00 Games Room 3:00-5:00 Etrog	2 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 Hebrew Conversation 10:00-12:00 Coloring and Knitting Club 10:00-12:00 Open Lab 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 12:00-2:00 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 1:30-3:00 Word Excel 2:00-4:00 Beginners Bridge 2:00-3:00 Concert 2:00-5:00 Russian Painting Class 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	3 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-11:30 Art Therapy (Rus) 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-4:00 Intermediate Canasta 2:00-3:30 Taste of Music 2:00-4:00 Russian Program	4 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Intermediate Mahjong 12:00-3:00 Rummikub
6 10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab	7 Centre is Closed for Labour Day	8 9:30-12:00 Drawing & Acrylics 10:30-12:30 Bridge 10:30-12:00 LLI Lecture 11:00-1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Drawing 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00-5:00 Etrog	9 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 French Conversation 10:00-12:00 Coloring and Knitting Club 10:00-12:00 Open Lab 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Portion 2:00-3:00 Lecture 1:00-2:30 Choir (Rus) 1:30-3:00 Word and Excel 1:30 - 3:00 Lecture 1:00-4:00 Mah Jongg Intermediate 2:00 - 4:00 Beginners Bridge 2:00-5:00 Russian Painting Class 2:00-4:00 Drama Group (Rus) 3:30-5:00 Israeli Dancing 6:00 - 10:15 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	10 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-12:00 Canasta 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00 -3:30 Taste of Music 2:00 - 4:00 Intermediate Canasta	11 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Intermediate Mahjong 12:00-3:00 Rummikub 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
13 Centre closed for Rosh Hashanah	14 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News & Views 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 12:00-1:45 Library (Rus) 1:00-4:00 Pottery 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing	15 9:30-12:00 Drawing & Acrylics 10:30-12:30 Bridge 10:30-12:00 LLI Lecture 11:00-1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00-5:00 Etrog	16 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-12:00 Coloring Club 10:00-12:00 Open Lab 11:30-12:30 Body Works 11:30-12:30 Weekly Torah 2:00 – 3:00 Concert 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 2:00-5:00 Russian Painting 2:00-4:00 Drama Group (Rus) 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	17 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 2:00-3:30 Taste of Music 6:00 pm High Holiday Party	18 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Intermediate Mahjong 12:00-3:00 Rummikub 12:00-3:00 Talent Show (Rus)
20	21 Centre Closed for Yom Kippur	22 10:30-12:30 Bridge 10:30-12:00 LLI Lecture 11:00-1:00 Library 11:30-12:30 Aging Mindfully 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00 – 5:00 Etrog	23 10:00-11:30 French Conversation 10:00-12:00 Coloring and Knitting Club 11:30-12:30 Weekly Torah Portion 1:00 – 2:30 Lecture 1:00-2:30 Choir (Rus) 1:00-4:00 Mah Jongg Intermediate 2:00-5:00 Russian Painting Class 2:00-4:00 Drama Group (Rus) 6:00-10:15 Israeli Dancing	24 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 2:00-3:30 Taste of Music 2:00-4:00 RGA	25 10:30-12:30 Intermediate Mahjong 12:00-3:00 Rummikub 12:00-3:00 Talent Show (Rus)
27 Centre closed for Sukkot	28 9:30-10:30 Falls Prevention 10:00-11:00 News, Views and Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 12:00-1:45 Library (Rus) 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA	29 10:30-12:30 Bridge 10:30-12:00 LLI Lecture 11:00-1:00 Library 11:30-12:30 Aging Mindfully 12:30-2:00 ESL (Rus) 1:15-4:00 Games Room 2:00-4:00 Talent (Rus) 3:00 – 5:00 Etrog	30 11:30-12:30 Weekly Torah Portion 1:00 – 2:30 pm Tea with Gail 1:00 – 2:30 Movie 1:00-2:30 Choir (Rus) 2:00-5:00 Russian Painting Class 2:00-4:00 Drama Group (Rus) 6:00-10:15 Israeli Dancing	ROOM LOCATION: Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab	

****All programs are subject to change ****

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