Bernard Betel Centre – December 2026 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
ROOM LOIOCATN: Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab		1 9:30-12:00 Drawing & Acrylics 10:00 -11:00 Beginners Latin Dance 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30-1:30 (Rus) Android L2 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beginners Painting 1:15-4:00 Games Room 2:00-4:00 Music talent Group (Rus) 2:00-4:00 (Rus) Android L2 3:00-5:00 Etrog	2 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 French Conversation 10:00-12:00 Open Lab 10:00-12:00 Coloring & Knitting 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah 12:30-2:00 Choir (Rus) 1:00-2:30 AI: Advanced 1:00-4:00 Mah Jongg Inter. 1:30-3:00 Presentation 2:00- 5:00 Painting (Rus) 2:00-4:00 Drama Group (Rus) 3:00-4:30 Fallen Empires 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:30-10:15 Israeli Dancing	3 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 11:30-1:30- (Rus) IPhone L2 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 Scrabble 2:00-4:00 (Rus) IPhone L1 2:00-4:00 RGA	4 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah Jongg Intermediate 11:30-12:30 Aging Mindfully 12:30-1:30 Under Jerusalem 12:00-3:00 Rummikub
6 10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab	7 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views & Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-12:30 Inter. Computer 11:00-1:00 Café Europa 11:00-1:00 Hearing Aid Clinic 12:00-1:45 Library (Rus) 1:00-2:30 AI Beginners 1:00-4:00 Pottery 1:30-3:00 Sudoku 1:30-3:00 The Human Cell 2:00-3:00 Learning Yiddish 2:00-4:00 RGA 2:00-3:00 Concert 3:00-4:30 Israeli Dancing	8 9:30-12:00 Drawing & Acrylics 10:00 -11:00 Beginners Latin Dance 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30-1:30 (Rus) Android L2 12:00-1:00 Stretch & Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:00-3:30 Beg. Painting 1:15-4:00 Games Room 2:00-4:00 Music Talent Group (Rus) 2:00-4:00 (Rus) Android L2 5:00-8:00 Hannukah Candle Lighting	9 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-11:30 Hebrew Conversation 10:00-12:00 Open Lab 10:00-12:00 Coloring & Knitting 11:00-1:00 Art Therapy (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah 12:30-2:00 Choir (Rus) 1:00-2:30 AI: Advanced 1:00-4:00 Mah Jongg Inter. 2:00-3:00 Musical Artistic Presentation 2:00- 5:00 Painting (Rus) 2:00-4:00 Drama Group (Rus) 3:00-4:30 Fallen Empires 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:30-10:15 Israeli Dancing	10 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 11:00-12:00 Body Fit 11:30-1:30- (Rus) IPhone L2 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 Scrabble 2:00-4:00 RGA 2:00-4:00 (Rus) IPhone L1 6:00-9:00 Hannukah Party	11 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah Jongg Intermediate 11:30-12:30 Aging Mindfully 12:30-1:30 Under Jerusalem 12:00-3:00 Rummikub bernard betel centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
13 10:00-11:00 Balance and Gentle Exercise 10:00-12:00 Open Lab **ROOM LOCATION:** Synagogue Library Back Auditorium Culture Room Craft Room Front Auditorium Music Room Computer Lab	14 9:30-12:00 Watercolor 9:30-10:30 Falls Prevention 10:00-11:00 News, Views & Schmooze 10:00-12:00 Mah Jongg 10:30-11:30 Breathe Better 11:00-1:00 Café Europa 12:00-1:45 Library (Rus) 1:00-2:30 AI Beginners 1:00-4:00 Pottery 1:30-3:00 Sudoku 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA 3:00-4:30 Israeli Dancing	15 10:00 -11:00 Beginners Latin Dance 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-12:30 Aging Mindfully 11:00-12:00 Chair Yoga 11:30-1:30 (Rus) Android L2 12:00-1:00 Stretch and Strength 12:30-2:00 ESL (Rus) 1:00-3:00 Creative Writing 1:15-4:00 Games Room 1:30-2:30 Bingo 2:00-4:00 Music Talent Group (Rus) 2:00-4:00 (Rus) Android L2 3:00-5:00 Etrog	16 9:30-12:30 Pottery 10:00-11:00 Tai Chi 10:00-12:00 Coloring & Knitting 10:00-11:30 French Conversation 10:00-12:00 Open Lab 11:00-1:00 Art (Rus) 11:30-12:30 Body Works 11:30-12:30 Weekly Torah Reading 12:30-2:00 Choir (Rus) 1:00-2:30 AI: Advanced 1:00-4:00 Mah Jongg Inter. 2:00-3:00 Presentation 2:00- 5:00 Painting (Rus) 2:00-4:00 Drama Group (Rus) 3:30-5:00 Israeli Dancing 6:00-9:00 Pottery 6:00-10:15 Israeli Dancing	17 9:30-12:30 Pottery 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-11:00 Latin Dance 10:00-12:00 Canasta 10:30-11:30 Women's Discussion Group 11:00-12:00 Body Fit 11:30-1:30- (Rus) IPhone L2 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 1:30-4:30 Pottery 2:00-3:30 Taste of Music 2:00-4:00 Scrabble 2:00-4:00 RGA 2:00-4:00 (Rus) IPhone L1	18 9:30 -12:30 Pottery 10:00-11:00 Gentle Fitness 10:30-12:30 Mah Jongg Intermediate 11:30-12:30 Aging Mindfully 12:30-1:30 Under Jerusalem 12:00-3:00 Rummikub
20 10:00-12:00 Open Lab	21 9:30-10:30 Falls Prevention 10:00-11:00 News, Views and Schmooze 10:30-11:30 Breathe Better 12:00-1:45 Library (Rus) 1:00-2:30 AI Beginners 2:00-3:00 Learning Yiddish Through Song 2:00-4:00 RGA	22 10:30-12:00 LLI Lecture 11:00- 1:00 Library 11:30-1:30 (Rus) Android L2 12:30-2:00 ESL (Rus) 1:15-4:00 Games Room 2:00-4:00 Music Talent Group (Rus) 2:00-4:00 (Rus) Android L2 3:00-5:00 Etrog	23 10:00-12:00 Open Lab 11:30-12:30 Weekly Torah Reading 12:30-2:00 Choir (Rus) 1:00-2:30 AI: Advanced 1:00-4:00 Mah Jongg Inter. 2:00- 5:00 Painting (Rus) 1:00-3:00 Movie	24 10:00-12:00 ESL (Rus) 10:00-11:00 Walking Club 10:00-12:00 Canasta 11:30-1:30- (Rus) IPhone L2 12:00-1:45 Library (Rus) 12:30-2:30 Canasta 2:00-3:30 Taste of Music 2:00-4:00 RGA 2:00-4:00 (Rus) IPhone L1	25 **CHRISTMAS DAY** **CENTRE CLOSED** ****All programs are subject to change **** Bernard Betel Centre | 1003 Steeles Ave. West, Toronto, ON M2R 3T6 | 416-225-2112 | www.betelcentre.org
27	28 **IN LIEU OF BOXING DAY** **CENTRE CLOSED**	29 11:00- 1:00 Library 1:15-4:00 Games Room	30 1:00-4:00 Mah Jongg Inter.	31 **CENTRE CLOSED**	bernard betel centre